

SODA BREAD

1 lb. (2 cups) white flour
1/2 lb (1 cup) wheat flour
2 ooz. bran
1 oz . oatmeal
1 oz. wheat germ
1 tsp. soda
1 tsp baking powder
1 tsp salt
1 tsp sugar
1 pint (2 cups) buttermilk or sour milk also works

Mix all together lightly. Form in a loaf and bake at 350 for about 30 min.
(if I don't have wheat germ or bran I have substituted with more oatmeal.)